

MENOPAUSE SERVICE

The Sandyford Menopause Service provides a specialist service for treatment regarding the menopause.

Clients wishing general menopause advice can access the Patient Information Leaflets available via the Sandyford website:

[Menopause \(sandyford.scot\)](https://www.sandyford.scot.nhs.uk/menopause)

Clients are advised to see their GP or Practice Nurse in the first instance. Those requiring specialist input can be referred by their GP.

There is also an email enquiry line for GPs for menopause/HRT advice. This is monitored daily by the SRH Doctor of the Day:

ggc.menopausesupport@nhs.scot

Services

- Sandyford Central -Thursday and Friday mornings

Referrals

All referrals are vetted by SRH consultants on a daily basis. We accept referrals **from GPs for clients within the GGC catchment area. Following vetting, clients will be offered either a telephone or face to face appointment**

Reasons For Referral Include

- Clients experiencing problems with current HRT or difficulty stopping HRT.
- Clients wishing investigation, advice or treatment for premature menopause.
- Clients with complex medical conditions that are considering commencing HRT

Documentation

- Each consultation recorded on NaSH.
- If permission given then client's GP is informed of referral and outcome.

Follow-up

- Once established on treatment, clients are discharged back to their GP for follow-up and prescriptions.