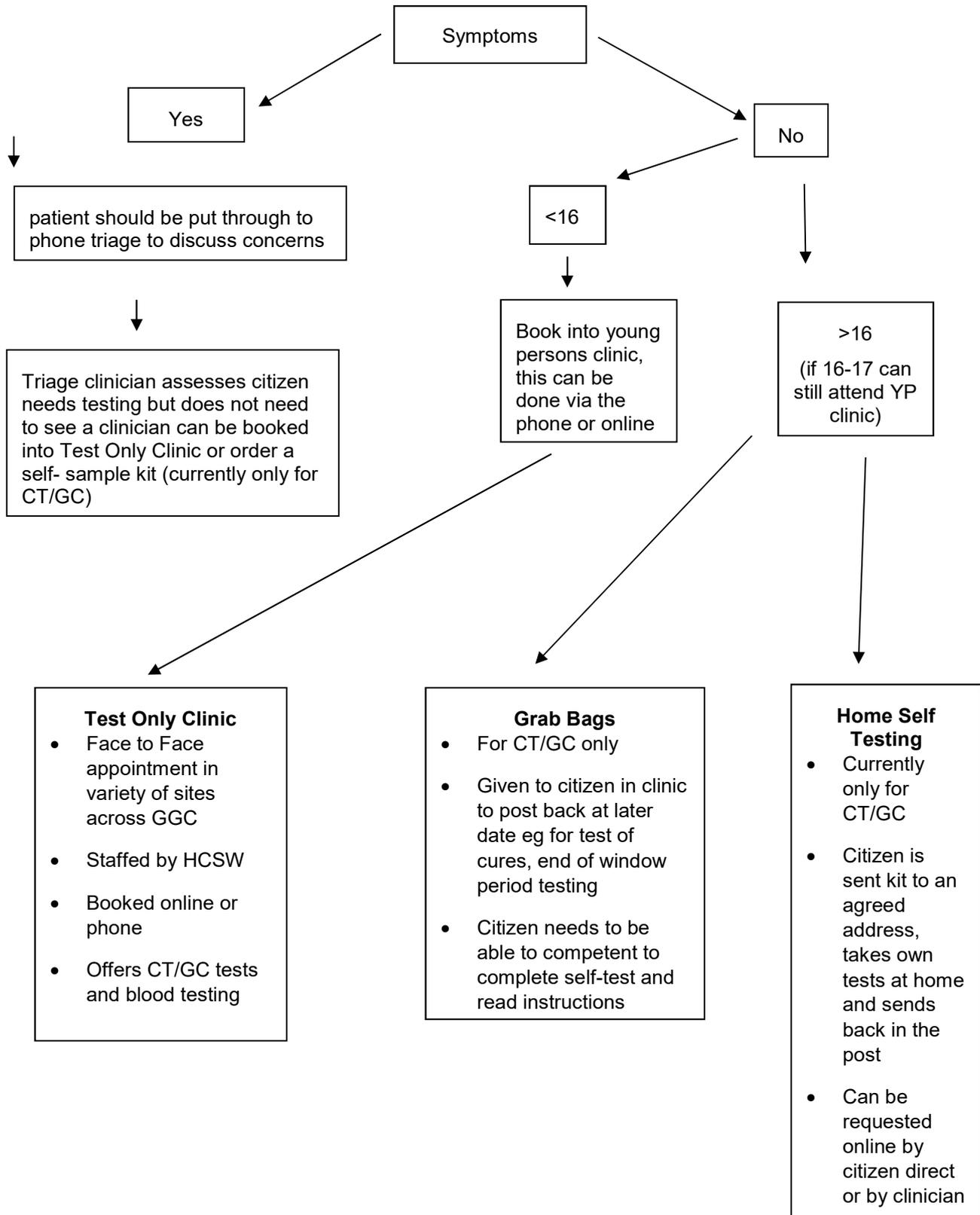


## STI Testing in Sandyford

There are several different ways residents of GGC can access STI testing from the Sandyford.



### Test Only STI Testing Clinic

This testing is aimed at people aged over 16 years old from GGC who have no symptoms but need to test and do not need to see a clinician on the day and are able to perform a self-test.

It may also be used for patients requiring a test of cure of eg gonorrhoea and Mycoplasma genitalium testing

#### Kits

NAAT grab kits to be regularly made up by HCSW and kept behind reception.

**Kit A heterosexual male**- universal container for urine sample in sample bag inside an A5 envelope

**Kit B female**- orange swab with vial for vulvovaginal swab in sample bag inside an A5 envelope

**Kit C MSM**- universal container for urine sample and two orange swabs with 2 vials for rectal and pharyngeal samples in sample bag inside an A5 envelope. The vials will be labelled rectal and throat by the HCSW

**Kit D - females involved in transactional sex** – three orange swabs for vaginal, rectal and throat samples in sample bag inside an A5 envelope. The vial will be labelled for vaginal, rectal and throat by the HCSW

#### Process

- People can access appointments either by calling into the service, booking online or being booked by Sandyford directly. Via online booking system it is called “test express”
- Information on testing options can be seen here <https://www.sandyford.scot/sexual-health-services/testing-for-stis/>
- If a person contacts the service requesting testing they will be asked if they have symptoms or are contacts of infection. If they say yes they are added to triage if symptomatic or the contacts list if a contact.
- If they are under 16 they should be advised to book into the Young Person service
- If they are from out with GGC they should be advised to attend their local services.

#### Service booked appointments

- If it is known at the time of booking what kit the person needs and if they require blood tests this should be added to the appointment notes
- If clinician is requesting different tests such as Mycoplasma Genitalium, this should be documented clearly and non-standard short hand avoided
- Contact details to be confirmed
- Unless delay is needed due to window periods/ TOC etc appointments should be made for next available.
- If the patient will be asked

- Are you under 16 years of age?
- Do you have genital symptoms you need to discuss?
- Have you been in contact with an STI
- If they say yes to any of this manage/ signpost as appropriate based on their needs, if they say no to all, no further history needs to be taken

### **Online booked appointments**

- Patients access this via online booking link on the website, it is only accessible for GGC health board residents over 16 years old. If they do not fulfil this they will not be able to book.

### **At the Clinic**

- HCSW will review the clinic list at the start of the session and ensure all kits etc are available
- When patient comes to clinic they will ask for the named kit from reception if known
- If the patient is unsure which kit they need they will be shown self-triage sheet. See appendix
- Reception will “Arrive” patient on NaSH, print off front sheet with patient details on and insert into envelope containing the kit so the samples can be identified after they are returned. They will then give the kit to the patient and advise them where to return the kit to
- Reception will also give a green results card to the patient and add their NaSH number to it
- If patient requires bloods, reception will ask them to take a seat as HCSW will take the bloods before they go to toilets to do self-testing
- If bloods required when the patient has been “arrived” the HCSW will call them in
- HCSW only needs to confirm the patient’s details prior to testing no further clinical input is required
- HCSW to confirm patient’s details and review self-triage sheet, if the patient has any further clinical issues they should be advised to contact 0141 211 8130 to discuss this.
- The patient will then go to the toilets and complete NAAT testing (if no bloods needed)
- “How to complete testing” information is laminated and on back of toilet doors
- The patient will return completed NAAT kit inside the sample bag inside the envelope containing the front sheet to box at reception
- HCSW will monitor the box during the session and collect kits and label and order samples
- HCSW will be allocated a clinic room for venepuncture, managing samples and requesting tests
- Subsequent results to be managed as usual
- If patient DNA’s the appointment no routine action is needed. If clinician who booked patient feels they should be recalled if DNA this should be added to SHA recalls for action and reason why outlined

**Examples of when test only clinic may be helpful**

- Woman with a change of discharge and new sexual partner with no symptoms that may warrant examination such as abdominal pain
- GC test of cure
- Test of cure in pregnancy
- Syphilis follow up bloods
- Asymptomatic MSM who has had new risk since last screen
- HIV/Syphilis testing outside window period for significant exposures
- Anyone involved in transactional sex who has no symptoms of an STI and that has no additional sexual health needs such as contraception, vaccines etc. Please encourage clients who have not attended SC G3 in last 6mths to book apt. there rather than Test Only however if they do not wish to do this can still use the service.

### Grab Bags

These are kits for CT/GC from urine, vulvovaginal, rectal and pharyngeal sites and given to the patient in clinic to sample at home at a later date and then return eg for Test of Cure, end of window period testing.

**There are several steps to the process, all must be done to ensure test can be processed.**

There are 3 kits available, urine, vulvovaginal or rectal, pharyngeal and urine.

Clinician access kits from staff base.

It is the clinician responsibility to ensure correct kit is given to the patient and check they are willing and able to take their own sample at home and able to read and follow the written instructions.

Clinician adds NaSH labels to NAAT tubes.

Clinician informs patient when they need to return the test, it is important they return it as soon as they have taken the sample.

Remind the patient to add the date they have taken to test to the form enclosed in the kit

Clinician documents in notes which tests are provided.

Clinician to add patient to SC Virtual Postal Tab and **does not order the test on NaSH.**

For TOC add patient to SHA virtual diary for a week after when patient is expected to take test so they can check it has been taken ( to allow time for the kits to come back via the post).

HCSW allocated to postal kits will each weekday will go through the list and request the SSK and then go to SSK tracker and action as sent.

## Home Self Sampling Service

### What is Offered.

Currently only CT/GC tests can be offered in kit options of urine only, vulvo-vaginal swab only, or urine, throat and rectal testing. The tests are the same CT/GC tests as performed in the Sandyford via the Glasgow virus lab.

What type of kit can be requested will be based on what anatomy the patient says they have ie penis/ vagina and if they have sex with people with penis/ vagina/ both.

Clinicians can also order kits to be sent to patients.

Blood testing for HIV and Syphilis will also be offered once trialling of this via the lab has completed.

Information is on the test website advising people who are at higher risk of BBV should go to the clinic for further testing.

30 kits are available every day, once all kits have been ordered no further can be requested and the patient will need to try again the next day.

### Pathway

Patients will request a kit online <https://nashonlinebooking.com/OnlineBookingSystem/en/ssk>, this request will go on a tracker on NaSH and a HCSW will make up the kit and it will be posted to them.

Patient can choose for kit to be sent to their home or other safe address

The Patient will take the test and they should send it back as soon as possible after performing.

They should date when they took the test on the request form. If the date test taken is greater than 13 days to when delivered the kit will not be tested due to lab concerns about the sample. If there is no date the lab will not reject the sample however.

If the patient takes over 90 days to send the kit back the test but took the test within 14 days it will still be tested in the lab however the result wont link across as usual so the patient won't be able to get the result on the phone but the result will be on results reporting and if positive picked up in prism searches

They will receive an automated text if no result if available by 28 days of request

Positive results will be managed as usual by SHA via updated prism searches. In time there will be ways to automate some of these processes via Nash

Patients will get an automated text if results are negative

If some of the kit is not returned no action is taken unless the patient has been added to a virtual diary such as the SHA and they would chase up as usual.

If sample under filled/ leaked/ rejected etc this would be noted as test not performed and managed via existing pathways. The patient can be re-texted the link to re-do or the clinician can order it for them- see below. Again if the result was awaited as e.g. a TOC they should be on a virtual diary to chase as usual

Patients are limited to ordering only one kit every 3 months, this can be overridden by clinician request if more tests needed eg test leaked needs repeat etc.

If a young person ticks a safeguarding concern box this is added to a YP tracker on NaSH and the team will pick this up and manage as per their pathway. The kit will be on hold till approved by the YP team

If an adult ticks any boxes such as previous sexual assault etc they will be sign posted to appropriate information but still receive a kit

**Clinician requested postal kits**

If a clinician wants to send a kit to a patient they go to Patient Order and request the required tests as a SSK e.g. SSK Urine. If only part of a kit needed e.g. just rectal CT/GC NAAT clinician can order this and only that part of the kit will be sent

**Additional SOPs**

There are separate SOPs to manage the Young Persons tracker which monitors those ticking safeguarding concerns. There is also an SOP to manage the request tracker.