

## SEXUAL PROBLEMS SERVICE

The Psychosexual Service based within Sandyford Sexual Health Service provides a diagnostic and treatment service for clients with problems of a sexual nature regardless of gender or sexual orientation. Clients can be seen individually or as a couple as appropriate.

### **Services**

- Clinical sessions are available every day from Monday to Thursday.
- New clients are allocated 45 minute appointments and return clients 30 - 45 minutes.
- Clients are seen on an appointment basis only.
- Sessions are available at Sandyford Central.

### **Staffing**

Sessions are staffed by:

- A doctor with specific training in psychosexual medicine.
- Healthcare support workers who can aid as chaperones
- Allied health professionals such as COSRT or Physiotherapists

### **Reasons for referral include:**

- Erectile and/or ejaculatory problems.
- Vaginismus
- Loss of libido
- Sexual problems associated with disability

Painful sexual intercourse with no obvious physical cause

### **We are unable to see:**

- Sex/ porn addiction (consider re-directing to Sex Addicts Anonymous ([www.saauk.info](http://www.saauk.info)))
- Sex compulsion/ hypersexuality

### **Referrals**

- Referrals to be made on standard internal referral form on NASH or via SCI gateway
- The service is for those residing within NHS Greater Glasgow & Clyde.
- Self referrals can be made through the designated medical secretary or via Switchboard/reception.
- Referrals can be made by any health care professional.
- Referrals are vetted by the sexual problems team prior to an appointment being issued.

### **Documentation**

- The appointment details and documentation is recorded on NaSH
- If permission given then client's GP/ Referrer is informed of visit and outcome.